

# ABenefits Xtra

Your Health & Benefits Awareness resource published by the Human Resources Department at ABX Air, Inc.

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## Benefits Re-engineering

• Visit the *benefits re-engineering web site for updates.*

• Check out *more survey results on page 2.*

• Submit your *questions or comments to abx.benefits@airborne.com*

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## Children Act Fast... SO DO POISONS! National Poison Prevention Week, March 16-22

Parents need to be mindful of their children when using or storing household chemicals and medicines. Many accidental poisonings happen when adults become distracted for a just a few moments and a child gets into something he or she should not. Children act fast, and adults must make sure that household chemicals and medicines are stored away from children at all times.

### Who is at risk?

Children under age five are at highest risk for unintentional poisonings. These children are constantly exploring the world around them; and what children see and reach, they usually put in their mouths.

As your child's mobility increases, he or she can reach medicines and household chemicals wherever stored. These products should be locked up where possible, out of the child's reach.

According to the Centers for Disease Control, more than 90 percent of poison exposures occur in the home. Many household products can be poisonous if swallowed or inhaled. The most common poison exposures for children are ingestion of household products such as cosmetics and personal care products, cleaning supplies,

pain relievers, foreign bodies, and plants.

I have no small children in my home, do I still need to be careful?

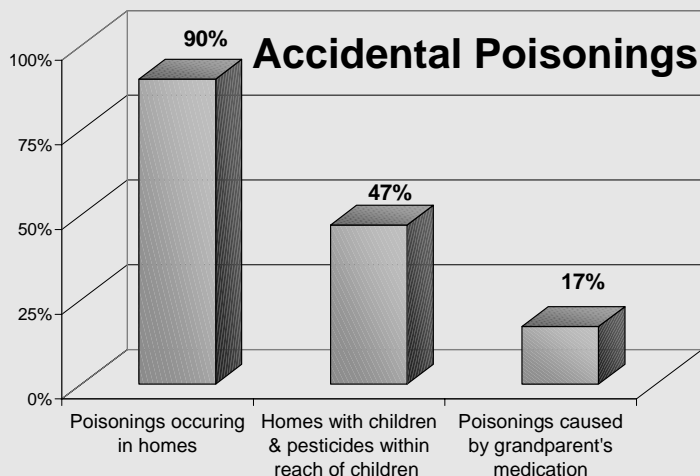
Yes, because young children may visit your home. A study by the American Association of Poison Control Centers found that 17 percent of the oral prescription drugs that were ingested by children under 5 belonged to a grandparent or great-grandparent.

### Help prevent poisonings

- Keep harmful products out of your child's sight and reach.
- Never call medicine "candy."
- Do not take medicine in front of small children.
- Buy medicine and household products in childproof packages.
- Always replace safety caps immediately.
- Never leave alcohol within a child's reach.
- Keep products in their original containers and leave the original labels on all products.
- Teach children not to drink or eat anything unless it is given by an adult.
- Do not put decorative lamps and candles that contain lamp oil where children can reach them because lamp oil is very toxic.
- Check your home for old medications and discard them by flushing them down the toilet.
- Discard substances used for old-fashioned treatments such as oil of wintergreen, boric acid, ammoniated mercury, oil of turpentine, and camphorated oil.

Sources: American Academy of Pediatrics and the Poison Prevention Week Council. For more information visit [www.poisonprevention.org](http://www.poisonprevention.org).

## ABX Snapshot



Source: Poison Prevention Week Council

### Keep the following numbers by your telephone:

Emergency — 911

Doctor \_\_\_\_\_

Hospital \_\_\_\_\_

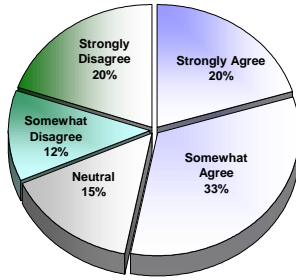
Poison Control Center -  
(800) 222-1222

# More Survey Results

Here are more results from the recently completed employee survey about benefits. The full results are available on the benefits web site at [www.abxair.com](http://www.abxair.com).

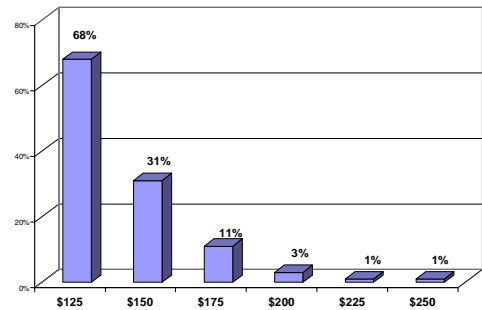
## ABX should consider implementing a \$100 co-payment for hospital admission in order to keep the monthly cost lower.

Response	%
Strongly agree	486 20%
Somewhat agree	781 33%
Neutral	371 15%
Somewhat disagree	285 12%
Strongly disagree	471 20%
Total Responses	2,394



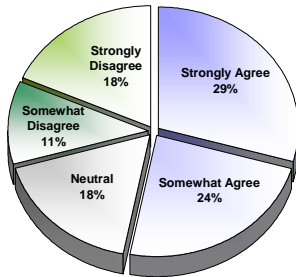
## What level of monthly employee contribution seems reasonable to you?

Response	Yes	No	%
\$125	1,554	721	68%
\$150	654	1,467	31%
\$175	235	1,883	11%
\$200	59	1,992	3%
\$225	13	2,038	1%
\$250	12	2,036	1%



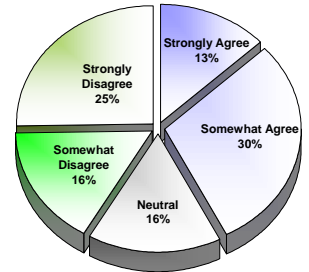
## Airborne should lower the dependent age to 19 (age 22 if full-time college student) to save cost?

Response	%
Strongly agree	711 29%
Somewhat agree	569 24%
Neutral	427 18%
Somewhat disagree	267 11%
Strongly disagree	441 18%
Total Responses	2,415



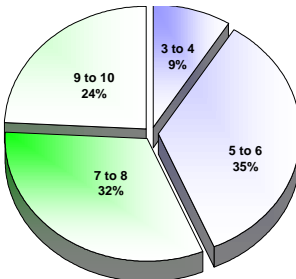
## Airborne should increase the office co-payment to \$20 per office visit to save cost.

Response	%
Strongly agree	308 13%
Somewhat agree	688 29%
Neutral	367 16%
Somewhat disagree	384 16%
Strongly disagree	595 25%
Total Responses	2,342



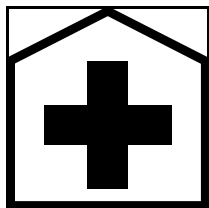
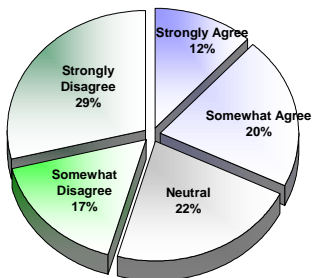
## What do you consider to be a fair number of occurrences under the attendance policy before discipline is required?

Response	%
3-4	216 9%
5-6	832 35%
7-8	780 32%
9-10	581 24%
Total Responses	2,409



## ABX should implement a percentage co-payment for all prescription drugs.

Response	%
Strongly agree	281 12%
Somewhat agree	491 20%
Neutral	533 22%
Somewhat disagree	401 17%
Strongly disagree	691 29%
Total Responses	2,397



## Questions & Answers

**Q.** My child is over the age limit but still needs medical coverage. Would coverage still be available?

**A.** If your child is no longer eligible because of the age limits, COBRA coverage is available for up to 36 months. Please contact the Benefits Department for enrollment information and prices.

**Q.** At what level do other airline employers start discipline for attendance occurrences?

**A.** We surveyed other airlines and found that the most common starting point for discipline was five occurrences progressing to termination at seven or eight occurrences.